



Distance: **13.8km/8.6 miles**
Time: **3hr 45mins**
Type: **Walk the Norfolk Coast Path in 7 stages, part 7**
Accessible by public transport



A longer walk with lots of opportunities to cut short (Sheringham/Runton). Experience cliff tops, woodland and seaside resorts all in one.

Sheringham

The Poppy Line or North Norfolk Railway runs from Sheringham to Weybourne and on to Holt. Using a mixture of steam and diesel engines and is worth a trip if you get the opportunity, if not you are sure to hear, see or smell the train during this walk! See [here](#) for further details. It is also possible to meet the Poppy Line to get to the start of this walk via the **Bittern Line** community railway partnership which runs services from Norwich to Cromer and onto Sheringham, see [here](#) for timetables and prices.

West Runton

The remains of this elephant (classified as a species of mammoth) were found at the base of cliffs in West Runton in 1990, around 600,000 years after it had died. Displays about the elephant can be seen in the Cromer Gallery and in Norwich Castle Museum for more information see our [West Runton information sheet](#).

Cromer cliffs

The Cromer Forest Bed formation is exposed at intervals along the Norfolk coast from Weybourne to Kessingland. The ancient forest bed was formed some 780-450,000 years ago. As the bed in the form of cliffs continues to be eroded there are a wealth of fossils to be found. Keep an eye out!

Cromer

During the post medieval period Cromer continued to flourish, and during the 18th and 19th centuries it became popular as a seaside resort. In 'Emma', published in 1816, Jane Austen mentions Cromer as 'the best of all the sea-bathing places. A fine open sea... and very pure air'. In 1877 the railway arrived in Cromer, bringing more tourists and holidaymakers into the town. The poet Clement Scott gave the name 'Poppyland' to the cliffs above Cromer, an image immortalised in early railway posters.

Getting there:

By Bus -

CH = Coasthopper:
King's Lynn to Cromer along the coast.
(Summer: 1/2 hourly, rest of year: hourly, alterations on Sundays)
From Norwich:
Norfolk Green's x29 service to Fakenham then onto Wells to meet the CH.

By Rail - The CH service is accessible from King's Lynn and Cromer/ Sheringham stations. The Poppy line steam train which runs from Sheringham to Holt links to the Norwich line,.

Disabled Parking:

Weybourne - The beach car park is pay and display.

Additional Info:

Note to wheelchair users regarding the CH bus:
Norfolk Green can't assure that all buses are fully wheelchair accessible during busy periods. If you need to make sure that your bus will be accessible, then call them on tel.:01553 776980 24 hours before you travel.

Contact us and let us know how you've got on:

www.nationaltrail.co.uk

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along the upper prom. Turn right at the toilet block and climb the steep steps up the hill, take a left at the putting green then onto Beeston bump.

- 4 Follow the steps down and take the path towards a caravan site. Turn right by the hedge, cross the railway line and then the A149. Turn left along the old road then right onto a graveled track. Walk along Calves Well Lane and turn right into the trees. Take the path uphill past the caravan site. Cross over Sandy Lane and take the track to the left past the campsite entrance and onto Abb's Common. From here take the enclosed sunken path, carry on under the railway bridge and onto Cromer. The path turns into a road and onto the main road. Turn left past the railway station and follow the map (above left) to the pier: (TG219423)

- 1 Start - TG110436 From Weybourne beach car park take the cliff top towards Sheringham. Follow the path through two kissing gates past the lifeboat cottage and continue along the cliff top.
- 2 Past the path leading up to the National Trust's Sheringham Park keep walking the cliff edge past the Golf course. The cliffs are falling away here so use your common sense and keep clear from the edge. Pass the coast watch look out station you are now on the approach downward to Sheringham.
- 3 Walk past the boating pond, and descend the slopes to the promenade, pass the old lifeboat house and walk

Terrain:

Kissing gates:

2 on approach to Sheringham

Steps:

- Up onto Beeston bump.

Maps:

Ordnance Survey
Explorer 251 & 252
Landranger 133

Public Toilets:

Weybourne - No public conveniences

Sheringham -

East Promenade (portakabin during Apr-Oct only), High Street, Station Approach, West Promenade.

Cromer - Cadogan Rd, Information centre, North Lodge park, The Pier, Rocket House, Runton Road and West Promenade (which is the only one closed Nov-Mar)

Refreshments:

Weybourne - (01263)

The Ship Inn - serves food (t:588271)

Bunteas (tearoom) on the approach to the village from the beach.

The Village Store (t:588219) You can buy a loaf of bread to a fresh coffee and snack here

C&A Seafood on the Kelling Road out of the village, sell freshly caught crabs and seafood.

See more at:

www.weybourne.net

Sheringham - (01263)

Traditional seaside town, lots of cafes, pubs and fish and chips, also hosts a thriving theatre, see more at: visit Norfolk website

Cromer - (01263)

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