

## Val's 75 Mile Challenge Walks

Aiming to raise £500



- Wed. July 12** Mundesley circular **6 miles** via Trunch & Gimingham  
**8.30am start** @ Mundesley TIC car park TG311365 (Sanders Bus 5)
- Fri. July 14** 1. Trunch circular **3.5 miles** via farmland & woodland  
**9am Start** @ Trunch Crown Inn TG287348 (Sanders bus 5)  
2. Southrepps circular **3.5 miles** via common & quiet lanes  
**11.30am start** @ Antingham St. Car park by social club TG260351 (bus 33, train to Gunton)
- Sun. July 16** 1. Trimingham circular **2 miles** via quiet Lanes, paths & tracks  
**4pm start** @ church TG279387 (bus 5 & 35B)  
2. Trimingham - Overstrand linear **2.5 miles** via Coast Path  
**5pm start** @ church TG279387 (bus 5 & 35B) *optional return O'strand - Cromer 2miles*
- Wed. July 19** Overstrand-Southrepps circular **8.5 miles** via Northrepps & Southrepps,  
**8am start** @ Car Park TG248410
- Fri. July 21** Cromer - Felbrigg circular **6 miles** via parkland & farmland  
**8am start** @ Cromer TIC TG217420
- Sun. July 23** Cromer -Happy Valley - Overstrand linear **4.5 miles** via old rail route  
**4pm start** @ North Lodge Park *optional return O'strand - Cromer 2 miles*
- Wed. July 26** Cromer- Sheringham linear **6 miles** via Coast Path & Roman Camp  
**9am Start** @ Cromer Pier (bus x44 & Coasthopper)
- Fri. July 28** Sheringham Park circular **5 miles** via parkland, woodland & coast  
**9.30am start** @ Sheringham Park visitor center (bus 5)
- Sun. July 30** West Runton circular **3.5 miles** via Coast Path & East Runton  
**4pm start** @ Water Lane car park TG185431 (bus 5, x44 & Coasthopper)
- Wed. Aug 2** Sheringham circular **7.5 miles**  
via Pretty Corner, Sher'm Park, coast path, Beeston Bump, Beeston Priory  
**9.30am Start** @ Priory Maze car park (bus 5, x44 & Coasthopper)
- Sun. Aug 6** Weybourne circular **5 miles** via Coast Path & Kelling Heath  
**4pm start** @ beach lane car park TG110436 (Bus Coasthopper)
- Wed. Aug 9** Cley-next-Sea circular **8 miles** via Glandford, Wiveton & Bayfield Estate  
**8am start** @ Cley village hall car park (bus Coasthopper)
- Fri. Aug 11** Salthouse circular **3.5 miles** via lanes, heath and tracks  
**10am start** @ Salthouse church hall car park (bus Coasthopper)

*Mileages are approximate and may vary due to conditions on the day.*

*Walks may change if circumstances beyond our control occur.*

*Anyone joining a walk does so entirely at their own risk.*

CROMER BHF FUNDRAISING GROUP 01263 513820



Challenge Supported by

