

The North Norfolk Walking Festival

8th to 17th September 2023

North Norfolk Walking Festival is a coming together of walkers and Nordic walkers to celebrate and enjoy the spectacular North Norfolk region. Spanning ten days the Festival aims to bring together walkers and families of all ages and fitness levels to explore different routes and locations across our beautiful district. Based in locations around, Sheringham, Holt, Felbrigg Hall, Holkham, North Walsham and Hunworth, the walks range from 2-10 miles, averaging 4 miles.

Listed in date order with further information on length, fitness ratings and meeting point, you can quickly choose the best walks to suit your needs from this year's Festival programme, which includes gentle Countryside walks, Power walks, History walks, Bird walks, the challenging Norfolk Three Peaks walk and a sublime Sunset walk. The Festival is the perfect event to immerse yourself in nature, meet new people, explore North Norfolk, develop your love of walking and enjoy all of the social, mental and physical benefits which are intrinsically linked with walking.



For more information, please scan the QR code or visit:
www.northnorfolkoutdoorfitness.co.uk/north-norfolk-walking-festival/



Sat 16th cont.

Family Alpaca Amble

2.00pm - 3.00pm

Bumble Barns, Sheringwood

A family amble with the Alpacas with adults leading, then children taking in turns holding the lead around the paddock. £20 per family. Only 6 family spaces available. To book, email hello@bumblebarn.co.uk or text/WhatsApp **07500 003612**

Sun 17th

Holkham Sunday Stretch

9:00am - 1:00pm approx.

A walk to Wells, along the Coastal Path to Holkham Hall and return. Tea and coffee stops along the way. £10 per person.
Terrain - Flat
Distance - 10 miles

To book onto any of the walks, please contact Anita Lusher on anitalusher@gmail.com or text **07867791034**, except for the History Walk and Alpaca Amble where those contact details are listed.

Dogs are welcome on the Dog Walk on Wed 13th only.

Whilst we endeavour to make all our walks as safe as possible, any walk attended is done so at your own risk. Due care has been exercised in organising the Walking Festival, however North Norfolk Outdoor Fitness and partners accept no liability for loss, accident or injury caused to any person taking part. You are advised to check your own personal accident cover before participating.

You should choose walks within your capabilities: the walk leaders are experienced but must take your word that you are sufficiently fit for the grade of walk you have chosen.

Thurs 14th cont.

Bird Walk

6:00pm - 7:30pm

Salthouse

A walk with Rachel to identify different birds by their song through the marshland at Salthouse. £5 per person.
Terrain - Flat
Distance - 3 miles

Fri 15th

Buggy Walk

9:00am - 10:30am

Holt Country Park

A buggy walk around Holt Country Park, have a look at 'Wild by Nature' forest school group. Free to all.
Terrain - Flat
Distance - 2 miles

Morston Meander

2:00pm - 3:00pm

Blakeney

(There is a National Trust car park charge, or you can park at Blakeney Village Hall which is free, and walk to the Quay)

Meander towards Morston along the Coastal Path and return. Option of coffee and cake at the Two Magpies cafe. £7.50 per person.
Terrain - Flat
Distance - 2-3 miles

Sat 16th

Power Walk

9:00am - 10:00am

Kelling Heath Holiday Park

A fast-paced cardio walk, around the heathland with exercise. £7.50 per person.
Terrain - Flat
Distance - 2-3 miles

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Fri 8th

Mindful Walk

09:30am - 10:30am

Pretty Corner, Sheringham,

A gentle, mindful stroll through Pretty Corner Woods using your senses to absorb nature.

Terrain - Some hills

Distance - 2 miles

£5 per person.

History Walk

5:30pm - 7:00pm

Lifeboat Plain, Sheringham

A walk through time, discovering Sheringham with safe stops on route to chat about history. Lead by Tim Groves, a local historian, participants will be given a pamphlet showing old photographs to compare to existing buildings. £5 per person. Tickets sold at Sheringham Museum up until 4pm on Friday 8th. Numbers limited.

Terrain - Flat

Sat 9th

Sheringham ParkRun

9:00am - 10:30am

Sheringham Park

Join the ParkRun for a 3.1 mile / 5km walk challenge around Sheringham Park.

Free to all.

Terrain - Hills

Adult Alpaca walk

2:00pm - 3:00pm

Bumble Barns, Sheringwood

A 2 mile walk with the Alpacas into Sheringham Woods. Approx. 1 hour. Adults only.

£15 per person. Only 12 spaces available.

To book, email hello@bumblebarn.co.uk

or text/WhatsApp **07500 003612**

Family Walk

2:00pm - 3:30pm

Felbrigg Hall Estate.

£5 per family, maximum of 4 children per family.

Terrain - Gentle

Distance - 3 to 4 miles

Sun 10th

Sunday Stretch

9:00am - 1:00pm approximately

Sheringham

A walk through Sheringham Park, then onto Kelling Holiday Park, down to Muckleburgh Hill and return to Sheringham.

Ages 16+.

£10 per person.

Terrain - Hills

Distance - 11-12 miles

Mon 11th

Woodland Walk

9:00am - 10:30am

Bacton Woods, North Walsham

Enjoy walking through this mosaic of conifers, mixed woodland and open areas with its heather, broom and gorse providing a variety of colour through the changing season.

£7.50 per person.

Terrain - Slopes

Distance - 3 miles

The Norfolk Three Peaks

5:30pm - 7:30pm

Sheringham

A 7 mile walk from Sheringham toward West Runton and return, taking in the Three Peaks of Norfolk.

£10 per person.

Terrain - Hilly slopes

Distance - 7 miles

Tues 12th

Countryside Walk

9:00am - 11:00am

Roman Camp National Trust, West Runton

A countryside walk to Aylmerton and around the lake to the church. Then drinks at Felbrigg Hall cafe, then returning to Roman Camp.

£7.50 per person.

Terrain - Slopes

Distance - 6 miles

Tues 12th cont.

Sunset Walk

6:00pm - 7:30pm

Overstrand

A sunset walk to Cromer over the cliff top and return via the old railway line.

£7.50 per person.

Terrain - Hills

Distance - 4-5 miles

Wed 13th

Gentle Walk

9:30am - 10:30am

Salthouse Heath Car Park

A gentle, 1 hour mindful walk with movement and exercises for flexibility and balance.

£5 per person.

Terrain - Flat

Distance - 2 miles

Dog Walk

2:00pm - 3:30pm

Hunworth

Bring your dog, or just yourself, for a walk through the countryside of Hunworth. All dogs must be on the lead. Free to all.

Terrain - Flat

Distance - 3 miles

Thurs 14th

Walk for your Cake

8:45am - 10:15am

Fast pace

10:30am - 12:00pm

Social pace

Alby Crafts and Gardens, Alby

A walk through the beautiful countryside taking in Weaver's Way and return to Alby for coffee and cake.

£7.50 per person.

Terrain - Flat

Distance - 3-4 miles